



Vegan Chocolate Protein Milkshake

Ingredients

1 cup oat milk
1 ripe banana
3 tsp cocoa powder
1 scoop chocolate protein powder
2 tbsp cashew nuts
A pinch of salt
Lots of ice

Directions

1. Add all the ingredients to a Ninja blender or similar and blend for 2 minutes.
2. Add a good handful of ice and blend again.
3. Drink and enjoy immediately!

Tip: This recipe makes enough for 2 shakes

