

Label

Supplement Facts

Serving Size 2 Capsules per day

Take with food and a glass of water

	Amounts	% EU
	Per Serving	NRV
Eicosapentaenoic acid (EPA)	300mg	N/A
Docosahexaenoic acid (DHA)	500mg	N/A
Docosapentaenoic acid (DPA)	35mg	N/A
Total Omega-3	835mg	N/A
Plant-source Vitamin D3 (Cholecalciferol)	5µg (200iu)	100%

Nutritional facts Figures as per United States FDA guidelines. Servings: 30, **Serv. size: 2 capsules.** Amount per serving: **Calories** 17.34, **Total Fat** 1.6g (2% DV), **Sat. Fat** 0.36g (1.8% DV), **Trans Fat** 0g (0% DV), **Cholest.** 3mg (1% DV), **Sodium** 0mg (0% DV), **Total Carb.** 0.3g (0.11% DV), **Fibre** 0g (0% DV), **Total Sugars** 0g (Incl. Added Sugars, 0% DV), **Protein** 0.122g (0.24% DV), **Vit D** 5µg (50% DV), **Calcium** 0mg (0% DV), **Iron** 0mg (0% DV), **Potas.** 0g (0% DV).


VEGETOLOGY™

OMEGA-3
EPA & DHA

**BRAIN, HEART
& EYE HEALTH**

PLANT SOURCE FROM MICROALGAE
300MG EPA & 500MG DHA + VIT D3



60 CAPSULES | 30 DAY SUPPLY

FOOD SUPPLEMENT
vegetology.com 

Allergy advice: Free from gluten, sugar, wheat & dairy.

Warning: Store in a cool dry place, out of reach of children. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated dose.

Ingredients: Opti3 Complex (Microalgal Oils, Helianthus Annuus Oil, Antioxidants (Rosemary Extract, Tocopherols, Ascorbyl Palmitate)), Cholecalciferol, Vegetarian Capsule Shell (Modified Starch, Vegan Glycerol, Carrageenan, Sodium Carbonate).

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Peel back for more information 

Peel back information

OMEGA-3 EPA & DHA

Vegetology Omega-3 is a 100% natural, high strength supplement which provides a high dose of EPA & DHA, the bioavailable forms of Omega-3 that the body needs for optimum absorption. Created directly from microalgae grown in a lab, it offers all the benefits of fish oil Omega-3 whilst taking away any of the safety, sustainability or purity concerns associated with fish sources.


Key Benefits

- DHA contributes to maintenance of normal brain function.
- DHA contributes to the maintenance of normal vision.
- EPA and DHA contribute to the normal function of the heart.

Vegetology, Nottingham NG7 5HF, UK.

Tel: USA 888 2772680

Worldwide +44 (0) 800 1700184

 Bottle is made with eco-plastic from sugar cane. It is CO2 neutral, 100% recyclable and 100% biodegradable in under 10 years.