


Label

Supplement Facts
Serving Size 1 Tablet per day
Take with food and a glass of water

	Amounts Per Serving	% EU NRV		Amounts Per Serving	% EU NRV
Vitamin A	800µg	100%	Copper	1mg	100%
Vitamin D3	5µg	100%	Manganese	2mg	100%
Vitamin E	12mg	100%	Chromium	40µg	100%
Vitamin B1	1.65mg	150%	Molybdenum	50µg	100%
Vitamin B2	2.1mg	150%	Choline		
Vitamin B3	16mg	100%	Bitartrate	15mg	N/A
Vitamin B5	6mg	100%	Inositol	15mg	N/A
Vitamin B6	2.1mg	150%	Lutein	2mg	N/A
Vitamin B12	50µg	2000%	Rutin	20mg	N/A
Vitamin C	80mg	100%	Citrus		
Vitamin K2	75µg	100%	Bioflavonoids	20mg	N/A
Folate	400µg	200%			
Biotin	50µg	100%	Total Superfood complex	200mg	
Coenzyme Q10	10mg	N/A	Goji Berry Extr	50mg	N/A
Calcium	120mg	15%	Blueberry Extr	30mg	N/A
Iron	14mg	100%	Green Tea Extr	50mg	N/A
Iodine	150µg	100%	Resveratrol	50mg	N/A
Magnesium	57mg	15%	Pumpkin Seed Extract	20mg	N/A
Zinc	10mg	100%			
Selenium	55µg	100%			


See overleaf for full ingredients list.



**MULTI
VIT**


ALL IN ONE
EVERYDAY HEALTH

26 VITAMINS & MINERALS
+ SUPERFOOD COMPLEX



60 TABLETS | FOOD SUPPLEMENT

vegetology.com




Nutritional facts Figures as per United States FDA guidelines. Servings: 60. **Serv. size: 1 tablet.** Amount per serving: **Calories** 0.435, **Total Fat** 0.01g (0.01% DV), **Sat. Fat** 0.009g (0.05% DV), **Trans Fat** 0g (0% DV), **Cholest.** 0mg (0% DV), **Sodium** 2mg (0.1% DV), **Total Carb.** 0.065g (0.02% DV), **Fibre** 0.338mg (1.35% DV), **Total Sugars** 0.014g (Incl. 0.014g Added Sugars, 0.03% DV), **Protein** 0.02g (0.04% DV), **Vit D** 5µg (50% DV), **Calcium** 120mg (12% DV), **Iron** 14mg (77% DV), **Potas.** 0g (0% DV).

Allergy advice: Free from gluten, sugar, wheat & dairy.

Warning: Store in a cool dry place, out of reach of children. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated dose.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Peel back for more information



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Peel back information

MULTIVIT

Vegetology MultiVit is a balanced and optimised multivitamin scientifically formulated to benefit body and mind. It contains 26 vitamins and minerals together with our proprietary 'super food' complex of brilliant plants that offer additional antioxidant and invigoration. Combined into one tablet, MultiVit uses advanced mineral and amino acid chelates to enable optimum absorption and bioactivity of each nutrient in the body.


Key Benefits

The nutrients in MultiVit contribute to:

- normal energy-yielding metabolism
- normal function of the immune system
- normal functioning of the nervous system
- the reduction of tiredness and fatigue
- normal psychological function, cognitive function, and mental performance
- the protection of cells from oxidative stress
- the maintenance of normal bones, teeth, hair, skin, nails, muscle function and vision
- normal collagen formation for the normal function of blood vessels, bones, cartilage, gums, skin, and teeth

Ingredients: Calcium Carbonate, Magnesium Citrate, Microcrystalline Cellulose, Ascorbic Acid, Super Food Blend (Goji Berry Extract, Blueberry Extract, Green Tea Extract, Pumpkin Seed Extract, Resveratrol (Grape Extract)), Citrus Bioflavonoids Complex, Choline Bitartrate, Iron Amino Acid Chelate, D-Alpha Tocopherol, Nicotinamide, Anticaking agents (Magnesium stearate, Silicon Dioxide), Rutin, Inositol, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Bladderwrack Extract, Riboflavin, Zinc Citrate, Selenium Methionine, Mixed Carotenoid Complex, Vitamin A (Maltodextrin, Corn Starch, Vitamin A), Manganese Sulphate, Co-enzyme Q10, Lutein Powder, Copper Sulphate, Vitamin D (Medium Chain Triglyceride, Arabic Gum, Sodium Ascorbate, Cholecalciferol), Beta Carotene, Vitamin K2, Folate, Chromium Picolinate, Sodium Molybdate, Biotin, Vitamin B12, Tablet coating (Hydroxypropylmethyl Cellulose, Glycerol).

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 Bottle is made with eco-plastic from sugar cane. It is CO2 neutral, 100% recyclable and 100% biodegradable in under 10 years.