

LABEL

Peel back information

Supplement Facts
Serving Size 1 Tablet per day
Take with food and a glass of water

	Amounts Per Serving	% EU NRV
Vitamin B12	1000µg	40000%

Nutritional facts Figures as per United States FDA guidelines.
Servings: 60, **Serv. size: 1 tablet**, Amount per serving: **Calories** 0.0045, **Total Fat** 0.005g (0.01% DV), **Sat. Fat** 0.05g (0% DV), **Trans Fat** 0g (0% DV), **Cholest.** 0mg (0% DV), **Sodium** 0mg (0% DV), **Total Carb.** 0g (0% DV), **Fibre** 0.18g (0% DV), **Total Sugars** 0g (incl. 0g Added Sugars, 0% DV), **Protein** 0g (0% DV), **Vit D** 0µg (0% DV), **Calcium** 0mg (0% DV), **Iron** 0mg (0% DV), **Potas** 0g (0% DV), **Vit B12** 0.001g (16666.7% DV).



Allergy advice: Free from gluten, sugar, wheat & dairy.

Warning: Store in a cool dry place, out of reach of children. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated dose.

Ingredients: Microcrystalline Cellulose, Hydroxypropylmethyl Cellulose, Cyanocobalamin, Anticaking agent (Magnesium Stearate).

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Peel back for more information

VIT B12

Vegetology Vit B12 provides a sustained release high strength dose of 1000µg and is scientifically formulated to boost energy-yielding metabolism whilst reducing tiredness & fatigue. It uses an elevated level of water-soluble Vitamin B12 in the form of Cyanocobalamin for ultimate absorption and is produced without harming any animals. Vit B12 is gently released over 4-8 hours to benefit your body for longer.

Key Benefits
Vitamin B12 contributes to normal:

- energy-yielding metabolism
- red blood cell formation
- functioning of the nervous system
- functioning of the immune system
- psychological function
- reduction of tiredness and fatigue

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Bottle is made with eco-plastic from sugar cane. It is CO2 neutral, 100% recyclable and 100% biodegradable in under 10 years.